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Erasmus+

# SVITLANA CHASTUKHINA

born on 13/09/2004 in Khust, Ukraine

participated in the Youth Exchange

## LENS TOWARDS THE FUTURE!

in Rzeszów, Poland

from 24/02/2023 to 01/03/2023

### About the project

The "Lens Towards The Future" program is based on non-formal methods. It is composed of social games, team building, workshops and cultural visits. We will use photography as a tool to communicate, work together, show our cultural specifications and express ourselves as individuals!

### The tasks of Svitlana Chastukhina

It was a wonderful experience for me to gather different ways to learn to improve my skills. I love such seminars where we can learn a lot of things like how to deal with people about the subject like we gather this time for photography.

This certificate has been issued by Stowarzyszenie Projektów Międzynarodowych "INPRO".



Beata Szmuc  
Legal representative  
Rzeszów, Poland, 03/03/2023

Youthpass is a Europe-wide validation system for non-formal and informal learning within the European Union youth programmes.

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## LEARNING CONTEXT

Youth Exchanges supported by the Erasmus+ programme offer groups of young people from different countries an opportunity to jointly design, prepare and carry out a non-formal learning programme on a topic of their interest. This usually involves a mix of workshops, debates, role-plays, simulations and outdoor activities. The learning process, which is supported by youth workers and leaders, includes the preparation, implementation and follow-up of the exchange.

## COMPETENCES DEVELOPED BY SVITLANA CHASTUKHINA

The following summary is the result of a reflection and self-assessment process which took place during and after the project.

### Personal, social and learning to learn competence

I was joyful to see a lot of my colleagues and other people come from different parts of the world sit together and exchanges their thoughts.

### Citizenship competence

As a citizen of Ukraine for me, this cultural exchange is wonderful for me as the situation in Ukraine quite unpredictable and if university's make such effort for the students. Then I will thank full for the all my department and university. And special thank to department of cultural exchange(Poland ).

### Cultural awareness and expression competence

Competence in cultural awareness and expression involves having an understanding of and respect for how ideas and meaning are creatively expressed and communicated in different cultures and through a range of arts and other cultural forms.

Svitlana Chastukhina

Rzeszów, Poland, 03/03/2023

The competence description in Youthpass is based on the European Union framework for Key Competences for Lifelong Learning:  
<https://education.ec.europa.eu/focus-topics/improving-quality-equity/key-competences-lifelong-learning>